

it feels HOPEFUL!

HEALTHY BEGINNINGS

for LIFELONG HEALTH and WELLBEING

ABORIGINAL HEAD START

PRENATAL

teaching parents to take care of themselves

exploring a life trajectory approach with AHSUNC programs in Canada

HEALING

it takes a community...

EVERY FAMILY MEMBER IS INVOLVED

Grandparents, sibs
Parents, Elders,
Aunts, Uncles,
WE Embrace the Whole family



are never SEPERATED from the FAMILY...

we DON'T REMOVE our Kids!

IN VARIOUS life STAGES

family

is the HEART of our CULTURE

a HOLISTIC APPROACH over the WHOLE LIFE COURSE of all COMMUNITY MEMBERS

COMMUNITY

guides the programming

Life long Learning

AFTER LIFE



PROUD of WHO we are and WHERE we came from

ELDERS

Gives GRANDPARENTS a second chance to be better and share

Teachings are making it HOME

Mother Nature
honouring our LAND

TRADITIONAL TEACHINGS
healthy PRACTICES the Teachings of OUR ANCESTORS

identify, honouring our TRADITIONS. LANGUAGE, AND RESPECT FOR your Elders, visitors, the land, Manners, handwashing, buckle up, nutrition...



SHARED RESPONSIBILITY STYLE OF LEADERSHIP - respect + Trust are earned

ADULTS

become STRONGER

have the confidence to NAVIGATE the systems

Parents access SERVICES

Jump in!

YOUTH

today's parents were HS kids

HS teachings are making it HOME

SPARK

becomes a great torch from the Past, lighting the PRESENT, Lighting the FUTURE...

our SONGS, and DANCES...

We build those CONNECTIONS

RELATIONSHIPS - it takes time...

ADVOCACY

Staff goes on to make other contributions Bridging a gap...

for transient people

Self care

POST NATAL

each child got healthier and healthier

is a place of STRENGTH



CHILDREN

become the TEACHERS

Parents are FIGHTING STIGMA, REVERSING EVERYTHING Residential school taught them.

POWER

TAKING BACK FROM RESIDENTIAL SCHOOLS...

EMPOWERING

Children, Adults and Elders

Reconciliation... CLIMBING THAT MOUNTAIN