

# Aboriginal Head Start Training Opportunities

The following training opportunities are offered through the Aboriginal Head Start Association of BC (AHSABC).

## AHS Program Development

- Foundations of AHS Programs
- Outdoor environments
- Strategic Planning
- Documentation of Children’s Learning
- Program Setup
- Family Wellness in AHS – Legacy of Codependency, Addictions and Mental Health



## Program Quality Monitoring

- ECERS-3
- The LOVIT Way Program Evaluation Process (PEP)

## Team Building for Staff and Parents

- Effective Communication – Anger Management and empathy; Assertiveness, Passive/Aggressive Behaviors
- Be the Buffalo: Defining your personal values and moving forward (The LOVIT Way)
- Effective Leadership – (mini-LAM)
- Self-Esteem and Confidence Building
- Self Care – Time and Stress Management
- Creative ‘Problem Solving’ – Conflict Resolution
- Cultural Curriculum Development: hands-on workshop creating tools and resources
- *The Gift of the Elders* – recruiting, involving, honouring our Knowledge Keepers
- *The AHS Village* – Making our centre more welcoming for parents, Elders, and the Community
- Kids Have Stress Too
- True Colors Personality Assessment for Team Building
- Humour and Fun Therapy – Keeping Happy and Productive Employees



# Aboriginal Head Start Training Opportunities

## Working with Children

- Brain development and play; Essential learning experiences for young children
- Play and Exploration
- Traditional Parenting; raising children in the AHS Village; Discipline and managing challenging behaviors and Special Needs
- Being Leaders – Advocating for our children; social supports; lifelong learning
- FASD workshops

